This survey was open to NA members from 1st April 2020 to 31st August 2020. 1918 responded to the survey. The Survey was conducted completely online. 1416 completed more than 60% of the questions - the minimum quota to qualify as part of the data.

This data does not accurately represent distribution of NA members in the UK based on actual meetings. As of March 2020 [pre-Covid] when all meetings switched online there were 1292 UK meetings: England 1108 [86%], Scotland 122 [9%], Northern Ireland 34 [3%], Wales 24 [2%], Channel Islands 4.

**Gender**: Male 55.4%, Female 43.1%, Non-binary 1.4%

**Region**: England 93.2%, Wales 1.6%, Scotland 4.6%, N Ireland 0.6%

**Age %**: 15-25 4.2%, 26-35 13.8%, 36-45 25.6%, 46-55 28.3%, 56-65 19.9%, 66+ 8.3%

**Ethnicity %**: White British / English / Welsh / Scottish / Northern Irish 79.9%, Any other \ White background 8.0, White - Irish 3.3, Mixed/other 4.6, Black 2.5, Asian 1.7
**Question: What is your employment status?**

This chart calculates how many people are employed according to government definitions laid out at: [https://tinyurl.com/employeddef](https://tinyurl.com/employeddef)

- Full time employed 34.3%
- Self-employed 17.5%
- Unemployed due to sickness or disability 13.1%
- Unemployed 9.3%
- Part-time employed 9.0%
- Retired 6.6%
- Homemaker 2.9%
- Full-time education 2.8%
- Unpaid Volunteer 2.7%
- Part-time education 1.0%

**Two to Three Years Clean**

Data shows employment rates increase significantly after members are more than five years clean. Refer to full data available at www.ukna.info

**Question: What is your annual income?**

<table>
<thead>
<tr>
<th>Income per Annum</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not Working</td>
<td>26.2</td>
</tr>
<tr>
<td>£0-£19,999</td>
<td>21.6</td>
</tr>
<tr>
<td>£20k-£29,999</td>
<td>23.7</td>
</tr>
<tr>
<td>£30k-£39,999</td>
<td>11.4</td>
</tr>
<tr>
<td>£40k-£49,999</td>
<td>5</td>
</tr>
<tr>
<td>£50k-£59,999</td>
<td>3.6</td>
</tr>
<tr>
<td>£60k+</td>
<td>8.5</td>
</tr>
</tbody>
</table>

**Question: Have you gained any qualifications since you began attending meetings?**

<table>
<thead>
<tr>
<th>Number of Qualifications</th>
<th>Simple Count of Qualifications since coming to NA</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>50%</td>
</tr>
<tr>
<td>1</td>
<td>25%</td>
</tr>
<tr>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>3 to 5</td>
<td>0.0</td>
</tr>
</tbody>
</table>

**UK 2020 MEMBER SURVEY**
**Sexual Orientation**

- Heterosexual: 82%
- Gay or Lesbian: 7%
- Bisexual: 10%
- Pansexual / Asexual: 1%

**Time Coming to Meetings %**

- 0-1 year: 15.5%
- 1-5 years: 26.9%
- 5-10 years: 13.4%
- 10-15 years: 9.9%
- 15-20 years: 9.4%
- 20 years plus: 25%

**Convictions**

- No: 44%
- Yes: 56%

**Reoffending**

- No: 89%
- Yes: 11%

**Question: Do you consider yourself to be:**

- Sexual Orientation:
  - Heterosexual: 82%
  - Gay or Lesbian: 7%
  - Bisexual: 10%
  - Pansexual / Asexual: 1%

**Question: How long have you been coming to NA meetings?**

- Time Using Drugs %
  - Less than a year: 1.3%
  - 1-5 years: 7.0%
  - 5-10 years: 14.0%
  - 10-15 years: 19.1%
  - 15-20 years: 20.9%
  - Over 20 years: 37.7%

**Question: before coming to NA, had you ever been convicted of a crime?**

- No: 44%
- Yes: 56%

**Question: Have you been convicted of a crime since coming to NA meetings?**

- No: 89%
- Yes: 11%

**Question: For how long were you using drugs before you came to NA?**
Question: If you have had any periods of clean time since coming to NA, have you ever relapsed?

- No: 47%
- Yes: 53%

Question: If you have a homegroup, roughly how many people attend that group on average?

<table>
<thead>
<tr>
<th>Meetings per Week</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than 1</td>
<td>12.2</td>
</tr>
<tr>
<td>1 to 3</td>
<td>36.1</td>
</tr>
<tr>
<td>3 to 6</td>
<td>39.8</td>
</tr>
<tr>
<td>6 to 9</td>
<td>8.4</td>
</tr>
<tr>
<td>9 to 12</td>
<td>2.1</td>
</tr>
<tr>
<td>12+</td>
<td>1.4</td>
</tr>
</tbody>
</table>

Question: Are you involved in NA service?

- No: 36%
- Yes: 64%

Question: Do you attend any foreign language meetings?

- No: 96%
- Yes: 4%

Note: members may have attended meetings in other countries where English is the primary spoken language – this question would not have caught them.

Question: How many meetings a week do you attend on average?

<table>
<thead>
<tr>
<th>Homegroup</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fewer than 5</td>
<td>6.1</td>
</tr>
<tr>
<td>5 to 10</td>
<td>14.4</td>
</tr>
<tr>
<td>11 to 20</td>
<td>48.3</td>
</tr>
<tr>
<td>More than 20</td>
<td>31.1</td>
</tr>
</tbody>
</table>

Question: Have you ever attended an online meeting?

- No: 11%
- Yes: 89%

Members who answered this question after 30 April 2020 [after lockdown had started 23 March 2020]
Question: How long have you been drug-free?

Cleantime

- 0-1 year: 20%
- 1-5 years: 24%
- 5-10 years: 14%
- 10-20 years: 17%
- 20-30 years: 9%
- 30 years+: 9%
- Not clean: 7%

Has a Sponsor

- No: 24%
- Yes: 76%

Sponsoring

- Yes: 45%
- No: 55%

Question: Do you have a sponsor?

Note: 268 responses were missing on this question. We suspect people put themselves as sponsoring and then left this question because they currently have no sponsees, in fact the sum of the missing values and values 1 or above almost exactly matches the “yes” responses.

Question: How important is NA to your identity?

<table>
<thead>
<tr>
<th>Importance of NA to ID</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very important</td>
<td>64.1</td>
</tr>
<tr>
<td>Somewhat important</td>
<td>19.3</td>
</tr>
<tr>
<td>Important</td>
<td>9.4</td>
</tr>
<tr>
<td>Not at all important</td>
<td>3.6</td>
</tr>
<tr>
<td>A little important</td>
<td>2.5</td>
</tr>
</tbody>
</table>
Influence on Attendance %

<table>
<thead>
<tr>
<th>Influence Factor</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>NA member</td>
<td>37.1%</td>
</tr>
<tr>
<td>Residential treatment/non-residential treatment</td>
<td>23.3%</td>
</tr>
<tr>
<td>Drug worker</td>
<td>10.7%</td>
</tr>
<tr>
<td>Family member (includes romantic partners)</td>
<td>9%</td>
</tr>
<tr>
<td>Self</td>
<td>4.3%</td>
</tr>
<tr>
<td>Mental health professional</td>
<td>3.4%</td>
</tr>
<tr>
<td>Friend</td>
<td>2.9%</td>
</tr>
<tr>
<td>Other</td>
<td>11.6%</td>
</tr>
</tbody>
</table>

Question: Who had the most influence in encouraging you to attend your first NA meeting?

First found out from

<table>
<thead>
<tr>
<th>Source</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residential treatment centre</td>
<td>27.5%</td>
</tr>
<tr>
<td>NA member</td>
<td>18.6%</td>
</tr>
<tr>
<td>Drug worker</td>
<td>9.6%</td>
</tr>
<tr>
<td>Family (includes romantic relationships)</td>
<td>8.3%</td>
</tr>
<tr>
<td>Online</td>
<td>7.3%</td>
</tr>
<tr>
<td>Self-referred</td>
<td>5.9%</td>
</tr>
<tr>
<td>Others</td>
<td>22.7%</td>
</tr>
</tbody>
</table>

Question: Who did you first find out about NA from?

Others include:
Other 12 Step Fellowship 4.5%, Prison 4.3%, Local day programme 3.7%

Question: Were there any barriers to you attending your first NA meeting?

<table>
<thead>
<tr>
<th>Barriers</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thought you had to be clean to attend</td>
<td>6.8%</td>
</tr>
<tr>
<td>Thought you had to be religious</td>
<td>9.9%</td>
</tr>
<tr>
<td>I thought it was a cult</td>
<td>12.3%</td>
</tr>
<tr>
<td>I was afraid of speaking in front of strangers</td>
<td>24.0%</td>
</tr>
<tr>
<td>Concept of total abstinence</td>
<td>23.8%</td>
</tr>
<tr>
<td>Others/no barrier</td>
<td>23.2%</td>
</tr>
</tbody>
</table>

Others include: Still taking methadone or on prescribed medication and thought this meant I couldn’t be a member 5%, No meetings near me 3.7%, Didn’t realise it was free to attend 2.8%, [these are largest numbers in others].
Question: for any drug you have used, please score it from 1-5.

Ranking scale: 1 = not a problem, 3 = somewhat a problem, 5 = very serious problem

**Problem Substances**

- Heroin
- Methadone
- Other opioid
- Benzodiazapines
- Crack cocaine
- Powder cocaine
- Amphetamines
- Methamphetamine
- MDMA
- Hallucinogens
- Ecstasy
- Ketamine
- Cannabis
- Solvents
- Barbiturates
- Alcohol
- Synthetic cannabinoids
- Legal highs/former legal highs
- Other

**Life Improvement**

- Housing
- Quality of life
- Employment
- Education
- Social
- Family
- Health

**Question: To what extent do you feel NA has improved or worsened the following aspects of your life?**

Ranking scale: 1 = greatly worsened, 3 = neither worsened or improved, 5 = greatly improved

- Have you ever injected drugs?
  - No
  - Yes
  - 50.5%
  - 49.5%

- 49.5%
- 50.5%

**Injection Status**

- Heroin: 3
- Methadone: 3
- Other opioid: 3
- Benzodiazapines: 3
- Crack cocaine: 3
- Powder cocaine: 3
- Amphetamines: 3
- Methamphetamine: 3
- MDMA: 3
- Hallucinogens: 3
- Ecstasy: 3
- Ketamine: 3
- Cannabis: 3
- Solvents: 3
- Barbiturates: 3
- Alcohol: 3
- Synthetic cannabinoids: 3
- Legal highs/former legal highs: 3
- Other: 3
About Narcotics Anonymous

Narcotics Anonymous is an International, community-based non-profit organisation of men and women for whom drugs had become a major problem - we are recovering addicts who meet regularly to help each other stay clean.

In March 2020 there were 1292 weekly meetings taking place throughout England, Scotland and Wales along with a further 50 in Prisons or other closed institutions. As of January 2021, as a consequence of Covid-19, 900 of these meetings were taking place online.